

Attention: **Event Cancelled**
Until Sometime In January

Due to unforeseen circumstances, tomorrow night's (December 7th) "*Youth Emotional Fitness Night*," that had been slated to be held at Newark High School, has been cancelled and will be held sometime in January.

NHS Prevention counselor Krystal Crawford said she will announce the date and time of next month's event as soon as possible.



Youth Emotional Fitness Night

Date: Tuesday, December 7, 2021

Time: 4:30-6:30

Place: Newark High School Auditorium

4:30-5:30: Hidden in Plain Sight

This virtual exhibit provides participants an opportunity to explore a mock teen's bedroom to explain various trends of teen substance use, signs, symptoms and lingo in an effort to raise awareness about substance use disorders.

5:30-6:30: Presentations

- *Results of the Newark Evalumetrics Youth Survey data* - Krystal Crawford, NHS Prevention Counselor & Alyssa Cragg, Delphi Counselor
- *Youth Emotional Wellness* - Margi Taber, Wayne Behavioral Health
- *Why is Prevention Important?* - Sydney Pfaff, The Council on Alcoholism and Addictions of the Finger Lakes

Pizza will be provided by Wegmans



Please RSVP by November 30th via
QR Code or ParentSquare